

Meet an Editor

Where did you complete your education?

I graduated from Grant Medical College in Mumbai, India. It is one of the oldest and largest medical colleges in the country, established back in 1845. Training in such a massive, high-volume government hospital gave me exposure to a vast range of medical conditions early on. This was also where I first got involved in research as a medical student, realizing early that I wanted to understand the evidence behind clinical practice.

Current pursuits and future aspirations?

I am currently serving as the Chief Resident for Research and Scholarly Activity at The Wright Center for GME in Scranton, PA. It's a role I really enjoy because it lets me combine my own interest in research with mentoring other residents. After graduation, I plan to work as an Academic Hospitalist. My long-term goal is to strike a balance between clinical care, leadership, and mentorship.

What got you into research?

Initially, it was just about learning the process. But over the years, especially after practicing as a surgeon and then transitioning to medicine, my perspective changed. I realized that clinical experience alone has limits. Research is the tool we use to question whether 'the way we've always done it' is actually the best way. It keeps me humble and ensures I am constantly looking for better answers for my patients.

Favorite hobbies!

To be honest, my favorite hobby right now is simply being a dad. I prioritize cherishing the simple moments with my family. I also enjoy going on long drives and kayaking once in a while to unwind.

Any Career Advice for Our Readers?

Persevere and don't be afraid to pivot. My path wasn't linear—moving from surgery to internal medicine taught me a lot about adaptability. Never underestimate the power of mentorship, and remember that it is good to step out of your comfort zone. That is usually where the real growth happens.

